Diary Dates



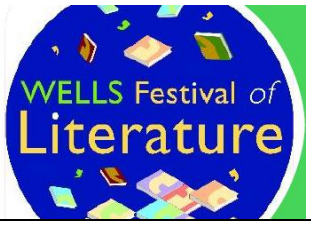


What's on at North Cadbury this Autum?

Monday 12th October 2026



Breakfast Club (BC) **After School Clubs (ASC)**	ALL bookings for Breakfast Club and/or After School Childcare MUST be made by **4pm on the preceding Thursday.** Bookings need to be completed using ParentPay. If you miss the deadline, please email office@northcadbury.ppat365.org
School Lunches . . . ParentPay	Please remember to book any required school lunches by **Sunday 18th October** for lunches consumed, WB **Monday 2nd November.**
 Music lessons with Charles Harrison on **Tuesdays** Please do enquire through the school office, for more information.	**Monday to Wednesday: Full uniform** **Thursday & Friday: School PE uniform**  **This will change occasionally when classes are engaged in particularly mucky, messy, work and teachers will let you know when/if this is needed.**
Dragon Class swimming every Friday until 23/10/26.	

Friday 16th October	**Non-Uniform Day to support the PTAFA Christmas Fair** 🍷 **Sprites / Pixies / Unicorns -** Please donate bottles of wine or fizz for our **Water or Wine stall.** 🍫 **Phoenix / Dragons -** Please donate chocolate bars, bags, tubes or boxes of chocolates for our **Chocolate Tombola.**
Monday 19th October No Year 1 - 3 Athletics Club	**Cross country race 3#** Yeovil Town Football Club 
Tuesday 20th October	**Year 2 Multi Sports Festival at Ansford** Letter dated 12.10.26
Wednesday 21st October	**Dragon Class English Trip to Wells Literary Festival** Letter dated 28.09.26. 
Wednesday 21st October 	**Phoenix Class Trip to Field to Food Day at the Bath & West Showground** Letter dated 28.09.26.
Thursday 22nd October	**PTAFA Spooky Bingo** Email sent 08.10.26. Please ask the PTAFA or the school office for details
Friday 23rd October	**Eleanor Griffey's Cake Sale** to raise money for a volleyball set. Cakes will be on sale for children to buy at break time. Any leftover will be available for parents to buy at pick up.
October Half Term **26th October – 30th October**	
Monday 2nd November	**1st day back**

Monday 2nd November	No Year 6 Booster Club today. Booster Club will be held on Tuesday this week.
Monday 2nd November	Christmas shoeboxes to be brought in for collection. 
Tuesday 3rd November 2.30 – 3.00pm	**Open Classrooms** **Reception to Year 6** Parents are invited to visit children's classrooms to see their work.
Thursday 5th November	**PTAFA Bonfire Tuck Shop** after school
Friday 6th November	**Bessie Swallow's Cake Sale** to raise money for ….. Cakes will be on sale for children to buy at break time. Any leftover will be available for parents to buy at pick up.
Monday 9th November	**Sprites Parents Afternoon**
Tuesday 10th November	**Sprites Parents Afternoon**
Tuesday 10th November	**Year 5 Dance Festival at Ansford Academy.** More details to follow
Wednesday 11th November	**Sprites Parents Afternoon**
Wednesday 11th November 	Remembrance Day to be remembered with activities in school for the children
Friday 13th November 	**Children in Need. Wear Your Pyjamas to school.** Fun Tuck Shop – items from 50p to £2.00.

Monday 16th November **No Booster Club**	**Parents Evenings – Reception to Year 6** (Online bookings will be set up before half term)
Tuesday 17th November	**Parents Evenings – Reception to Year 6**
Tuesday 17th November	**Year 5 / 6 Cross Country at Ansford Academy**
Friday 20th November	**Non-uniform day** for PTAFA Christmas hamper donations (more details to follow)
Wednesday 9th December **2.00pm at the Church**	**Nativity –** Reception and KS1 **(Please note NO SPRITES)** 
Thursday 10th December **1.30 – 3.00pm** 	**Pre-School Christmas Craft and Sing-a-long**. Pre-School parents are invited to join their children for the afternoon. 
Friday 11th December	**PTATA Christmas Fair**
Tuesday 15th December	**Pantomime** – Aladdin at Westlands Entertainment Centre. Trip for Reception to Year 6. 
Wednesday 16th December 	**Carols by Candlelight – KS2.** 5pm in North Cadbury Church 
Thursday 17th December	**Christmas Lunch and Jumper Day**. Order your child's Christmas meal on ParentPay as usual. Children may wear a festive jumper to school with their uniform.
Christmas Holidays **21st December – 4th January**	
Tuesday 5th January	1st day back

Tuesday 12th January	**Year 5 / 6 Football Tournament** at Ansford Academy
Tuesday 19th January	**SCARF PSHE Workshops**
Tuesday 19th January	**Year 4 Team Building Festival** at Ansford Academy
Monday 25th January	**Wessex Water Workshops** for Years 1 - 4
Tuesday 9th February	**Year 5 / 6 Dodgeball Tournament** at Ansford
February Half Term **15th – 19th February**	
Friday 5th February	**Swimmming starts for Phoenix Class**
Monday 22nd February	1st day back
Monday 8th March	**Rags to Riches Collection**
Tuesday 16th March	**Dragons Class Trip to Sutton Bingham**
Easter Holidays **26th March – 9th April**	
Monday 12th April	1st day back
Tuesday 20th April	**Year 3 Body Control & Balance Festival**
Friday 23rd April	Swimming starts for Unicorn Class
Moonday 3rd May	**Bank Holiday.** School closed.
Monday 10th – **Thursday 13th May**	**KS2 SATs**
May Half Term **Monday 31st May – Monday 7th June**	
Tuesday 8th June	1st day back

Wednesday 9th – Friday 11th June	**Bikeability** for Year 6
Tuesday 15th June	**Year 5 / 6 Cricket Tournament** at Ansford Academy
Wednesday 16th June	**KS2 Trip to the Warner Bros. Studios Harry Potter Exhibition**
Tuesday 22nd June	**Year 5 / 6 Rounders Tournament** at Ansford Academy
Tuesday 19th June	**Year 1 Indoor Athletics Festival** at Ansford Academy
Summer Holidays 23rd July – 31st August	





Oct/Nov/Dec 2026



Somerset Council

Somerset School Nurse Team Newsletter

Welcome to the Somerset School Nurse Team newsletter!

The school nurse team is made up of Specialist Community Public Health Nurses, and Assistant Practitioners. We specialise in promoting the health and wellbeing of children and young people aged 5–19 years and cover primary and secondary schools across Somerset.

This newsletter will be delivered termly, and is intended to keep you up-to-date on all the things we are doing as a service, and will include topics and links relevant to physical and mental health.

We hope you find this newsletter helpful but please do feedback anything you would like to be added.

Somerset children & young people : Health & Wellbeing : Phn School Nursing

Feedback QR code



What is SEND support?

(Webinar for Parent Carers and Young People)

Do you have questions about SEND support and how education settings should meet a child or young person's special educational needs?

Join our **free webinar** to learn more about SEND support in education. There will also be an opportunity to ask questions during a Q&A session at the end of the webinar.

Wed 21 Oct 2026, 7.30-9.00pm | Thurs 22 Oct, 10.00-11.30am

For more information on how to join visit:

Workshops and Information Days



Are you experiencing issues with your child around toilet training?

If so please click on the link below to find useful information and advice...

Potty training your child - Best Start in Life - NHS

If your child has already started school and is still in nappies/ pullups please contact the School Nurse Team for support!

Text Chat health: 07480 635 515



With coughs and cold season fast approaching please remind your child of the importance of good hand hygiene..

Washing Your Hands song - CBeebies



If your child is experiencing issues with daytime/nighttime wetting often the situation can be improved by following the...

4 Steps to a Healthy Bladder

1. Check the bowel



It is important to rule out constipation as a full bowel will reduce the capacity of the bladder to expand

2. Check for a UTI (Urinary Tract Infection)

Bugs in the bladder can cause issues around wetting so it is important to check for infection



3. Drink plenty!



The bladder is a muscle and all muscles need exercising, visit the link below for advice regarding how much your child should be drinking

4. Relax to wee

Ensure your child is comfortable sitting on the toilet, encourage them to take their time & encourage boys to do sit down wees



Children's bladder health – what's normal and what can go wrong - ERIC



Somerset Council

ChatHealth

Somerset Council

Parent advice & support

Healthy lifestyles

School transitioning

Emotional health

is your child 5-19 and are you looking for confidential help and support?

A safe and easy way to contact your School Nursing Team

Just send a text

07480 635 515

Improving LIVES

Disclaimer: This is not an emergency service, it operates Monday to Friday 9am - 5pm and is only available by using a UK mobile number. Your messages are stored on our secure system and can be seen by the School Nursing Team who run our ChatHealth Service. Although this is a confidential service, in the event of a safeguarding issue the School Nurse has a duty of care to act on this and may

Back to school can mean a return of those pesky 'head lice'!



How do I treat head lice?
Medicated lotions and sprays may not always be needed, the 'wet combing' method can be very effective at getting rid of headlice.

The **'Wet Combing'** Method:



- Wash your hair with ordinary shampoo
- Apply **lots** of conditioner to the hair (any conditioner will do)
- Comb the **whole** head of hair from **roots to the ends** using a special fine-toothed comb (detection comb). These can be bought online or from a pharmacy



- It usually takes about **10 minutes** to comb short hair, and **20—30 minutes** for long or curly hair
- Use this method on days **1, 5, 9** and **13,** so you catch any newly hatched lice



- Check everyone's hair again on **day 17** to make sure they are free of lice.

If you need medication, this can be bought from a supermarket or pharmacy. Some medicated treatments may need repeating after a week to kill any newly hatched lice

For more information on treating headlice head to…

Head lice and nits - NHS

Somerset School Nurse Team Contact Details:

Email: schoolnurseduty@somerset.gov.uk

Tel: **0300 790 9854**

Has your child missed their flu vaccination?



If so, the School Aged Immunisation Nursing Team (SAINT) are running a number of walk in clinics.

NO APPOINTMENT NECESSARY!



Somerset School Aged Immunisation Nursing Team | Somerset NHS Trust

ORAL HYGIENE



With a significant rise seen recently in child tooth extraction, please can we remind you of the importance of good oral hygiene

- **Brush teeth twice a day**: ideally first thing in morning and last thing at night
- **Use a fluoride toothpaste:** use a pea sized amount containing at least 1000ppm of fluoride
- **Brush for 2 minutes:** ensure your child brushes for 2 minutes covering every tooth and surface
- **Spit don't rinse:** after brushing your teeth spit the excess toothpaste and avoid rinsing



How to Brush Your Teeth Animation MCM

Have your say on childcare for primary-aged children in Somerset

Somerset Council would like to hear from parents and carers about their use of before-school, after-school and holiday childcare.

Whether you currently use childcare or not, we would like to hear your views. Your feedback will help Somerset Council understand what is working well, what challenges families face, and where childcare may be needed in the future.

The survey takes just a few minutes to complete.

Complete the survey here: Parent Carer School-age Childcare in Somerset Survey, Autumn 2026 - Somerset Council - Citizen Space

Thank you for taking the time to share your views.

Many thanks for your support

Kind regards,

Somerset Council

Somerset Council

North Cadbury C of E Primary School is committed to safeguarding and promoting the welfare of children and young persons. We will ensure that the highest priority is given to following guidance and regulations to safeguard children and young people. The school expects all staff and all visitors to fulfil this expectation.

Safeguarding is everybody's business. If you are worried about a child or young person who could be in danger, please contact:

- Children's Social Care on 0300 123 2224
- Children's Social Care at childrens@somerset.gov.uk
- Somerset Safeguarding Children Partnership The Police.

For more information, please go to:
http://www.somerset.gov.uk/childrens-services/safeguarding-children/report-a-child-at-risk/



Half-Term Holiday Activities: Taking Time

27–29 October, 10.30am–3.30pm

Have fun exploring the time-themed installations from Wells Art Contemporary, and join us to fashion your own creations!

Discover optical illusions, learn about the Cathedral's incredible Astronomical Clock, and make your own spinning seasons wheel. Suitable for children and families.

Admission included with entry to Wells Cathedral.
No need to book – simply drop in on the day! More info at:
wellscathedral.org.uk/whats-on

In association with:
WELLS ART

Wells Cathedral is a Registered Charity, no. 1207269